

FREE Statewide Come & Try Karate Day

Saturday, 22 August 2026

Have you ever wanted to try karate?

Karate Western Australia is inviting children and families from across Western Australia to take part in the **FREE Statewide Come & Try Karate Day on Saturday, 22 August 2026**.

Local karate clubs will be opening their doors to provide fun, beginner-friendly sessions for children who have never experienced karate before. No previous experience is required, and all sessions are conducted by qualified instructors in a safe and welcoming environment.

Karate is much more than kicking and punching. It helps children develop:

- Confidence and self-esteem
- Respect and discipline
- Coordination and fitness
- Focus and concentration
- Resilience and perseverance
- New friendships while having fun

Whether your child is looking to improve their confidence, become more active or simply try something new, this is the perfect opportunity to experience one of the world's most respected martial arts.

Event: Statewide Come & Try Karate Day

Date: Saturday, 22 August 2026

Cost: FREE

Who can attend: Children new to karate

Families can register online and will be allocated to their nearest participating Karate WA club.

For more information and to register, simply scan the QR code on the accompanying flyer or visit the Karate Western Australia website.

We look forward to welcoming you to a dojo near you!