



St Joseph's School, Northam

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Primary Campus: Lance Street – Telephone (08) 9621 3500
Secondary Campus: Wellington Street – Telephone (08) 9621 3550

Dear parents/ guardian

RE: ACC Cross Country Training

Your child has shown interest in the upcoming ACC Cross Country to be held on May 30, 2019. This event is one of many sporting events where students are given the opportunity to represent St Joseph's and compete against other catholic schools in varying long distance races. In order to select a competitive team for the Cross Country, students will be given the opportunity to demonstrate their talent and improve their fitness at a number of training sessions between now and the competition. From these training sessions a team will be selected to compete on May 30 at Alderbury Reserve in Perry Lakes.

Training information:

- When:** Every Tuesday & Thursday afternoon
From Tuesday, May 7 to Tuesday, May 21
- Time:** 3.15pm to 4.30pm
- Location:** St Joseph's Secondary and Avon River area
- Pick up from:** St Joseph's Secondary
- Details:** Students will complete a variety of courses marked out around the St Joseph's School area and down near the Avon River. The students are to meet at the under croft at the end of the school day to be marked off the role. We will then walk down to the Avon River where our training sessions will be completed.
- Race Distances:** Female of all age groups – 3000m & Males of all age groups – 4000m

The school will only be nominating 3 students from each age group and gender to compete in this event. Training will be used as trials and selection if more than 3 students nominate for the age and gender. If for any reason your child is unable to attend the training sessions please attach a note to the permission slip below. This will ensure they will be given the opportunity to be selected in the team if multiple students nominate for their age and gender.

Yours Sincerely

Adrienne Suckling
Sports Coordinator

Caroline Parnham
Head of Secondary

April 30, 2019

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ACC Cross Country Training

I, _____ give permission for my child _____ to attend the ACC Cross Country training sessions on Tuesday and Thursday afternoon from May 7 to May 21, 2019. Please indicate if your child can only attend specific dates or is unable to attend at all and return this permission form to Miss Suckling by May 6, 2019. Transportation Permission (only required if your student may be traveling with someone other than yourself)

I, _____ give permission for my child (as named above) to travel home from training with _____.

Signature: _____ Date: _____

My child will be attending: All / None (provide note) / Specific Dates: _____